



IKO Matsushima
Kyokushinkaikan
Croatia

I.K.O. Matsushima Kyokushinkaikan Croatia
and
Kyokushin karate club "Domenica"
as organizer and member of
Croatian Kyokushinkai Association

KYOKUSHIN
KARATE CLUB
DOMENICA



invites you to the International Kyokushin Karate Kata and Kumite Tournament
open to all organizations and all styles of martial arts

"18th Domenica Cup"

Time: Saturday, **March 4, 2023**

Place: School Sport Hall Vladimir Deščak, Školska 4, Novaki, Sveta Nedelja, Zagreb County

Categories of Kata competition:

1. Kids boys: born 2016 - 2013
2. Kids girls: born 2016 - 2013
3. Cadet boys: born 2012 - 2009
4. Cadet girls: born 2012 - 2009
5. Junior boys: born 2008 - 2005
6. Junior girls: born 2008 - 2005
7. Adult men: born 2004 and before
8. Adult women: born 2004 and before

Categories of Kumite competition:

1. Younger kids boys: born 2016/2015 (-30kg, -40kg and +40kg)
2. Younger kids girls: born 2016/2015 (-30kg, -40kg and +40kg)
3. Older kids boys: born 2014/2013 (-35kg, -45kg and +45kg)
4. Older kids girls: born 2014/2013 (-30kg, -40kg and +40kg)
5. Younger cadets boys: born 2012/2011 (-40kg, -50kg and +50kg)
6. Younger cadets girls: born 2012/2011 (-35kg, -45kg and +45kg)
7. Older cadets boys: born 2010/2009 (-50kg, -60kg and +60kg)
8. Older cadets girls: born 2010/2009 (-40kg, -50kg and +50kg)
9. Younger juniors boys: born 2008/2007 (-60kg, -70kg and +70kg)
10. Younger juniors girls: born 2008/2007 (-45kg, -55kg and +55kg)
11. Older juniors boys: born 2006/2005 (-65kg, -75kg and +75kg)
12. Older juniors girls: born 2006/2005 (-50kg, -60kg and +60kg)
13. Younger adults men: born 2004/2003 (-70kg, -80kg and +80kg)
14. Younger adults women: born 2004/2003 (-55kg, -65kg and +65kg)
15. Older adults men "C" (max. 7th Kyu): born 2002 and before (-70kg, -80kg and +80kg)
16. Older adults women "C" (max. 7th Kyu): born 2002 and before (-55kg, -65kg and +65kg)
17. Older adults men "B" (max. 1th Kyu): born 2002 and before (-70kg, -80kg and +80kg)
18. Older adults women "B" (max. 1th Kyu): born 2002 and before (-55kg, -65kg and +65kg)
19. Older adults men "A" (min. 4th Kyu): born 2002 and before (-70kg, -80kg and +80kg)
20. Older adults women "A" (min. 4th Kyu): born 2002 and before (-55kg, -65kg and +65kg)

NOTE!

- Existing of each category depends on number of competitors in that category (minimum 2);
- After the deadline for application, the final List of categories will be sent for review;
- For the categories that will not take place, the first following appropriate category will be offered if such will be;
- Additional applications after the deadline are not possible;
- The draw will be posted in sport hall the day before the tournament and cannot be changed;

- In the case of only one competitor on tournament's day, that category will not be held. Moving competitor to another category will not be possible. Registration fee will be returned.

Rules of Kata competition:

- Cup's system of competition with a performing of Kata for the 3rd place (Flag system);
- Competitors perform Kata on free choice from the List of Kata offered for each category in all rounds (the same Kata in all rounds is allowed).

	Categories of Kids	Categories of Cadets	Categories of Juniors and Adults
List of Kata for free choice in all rounds of competition (TOKUI)	<ul style="list-style-type: none"> • Taikyoku ichi • Taikyoku ni • Taikyoku san • Pinan ichi • Pinan ni • Pinan san • Pinan yon • Pinan go 	<ul style="list-style-type: none"> • Taikyoku san • Pinan ichi • Pinan ni • Pinan san • Pinan yon • Pinan go • Gekisai dai • Yantsu • Tsuki no • Saiha 	<ul style="list-style-type: none"> • Pinan ichi • Pinan ni • Pinan san • Pinan yon • Pinan go • Gekisai dai • Yantsu • Tsuki no • Saiha • Kanku dai • Gekisai sho • Seienchin • Sushiho • Garyu • Seipai

Rules of Kumite competition:

- Cup's system of competition with a fight for the 3rd place;
- For each category is prescribed protective equipment that are determined by the specific rules in that category;
- The general rule in all categories is: prohibited are punches to the head, punches and kicks to the groin, back and when opponent is on the floor, catch, pull or push an opponent, avoid a fight by turning the back or going out of the tatami, prohibited is celebrate, cry, simulate, offend or to do anything opposite of Kyokushin ethic = warning (Chui), penalty (Genten) or exclusion (Shikaku) depending on the character and severity of the offense or its repetition.

Name of the category & No.	Protective equipment	Specific rules in each category
<p>Kids born 2016 - 2013 (No. 1 - 4) & Younger Cadets born 2012/2011 (No. 5 & 6)</p>	<p>Required:</p> <ul style="list-style-type: none"> • Helmet • Trunk protector (full cover the solar plexus, chest and ribbons) • Gloves • Groin guard • Foot and shin protectors <p>Optional:</p> <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Full powered punches and kicks is only allowed to the trunk protector. Individual technique or their series that opponent stops or moves backwards = 1 point; • Knock down to the trunk protector for 3 seconds = 2 points; • Knock out to the trunk protector for more than 3 seconds = 4 points and win; • In helmet is allowed only soft contact by Mawashi geri, Uchi haisoku geri or Kake geri and their Tobi geri variants = 2 points; • Knock down in head is prohibited = "Shikaku"; • Punches and kicks to the legs is prohibited = "Chui" (warning); • Second "Chui" = "Genten" (penalty) and 1 point for opponent; • Fourth "Chui" = "Shikaku" (disqualification); • Winner is whoever first reaches 4 points or has more points after the regular time or by referees decision in the case of unresolved result after the second extension; • <i>Duration of the fight:</i> <ul style="list-style-type: none"> - Kids: 1'30" – 1' – weighing (4 kg) – 1'; - Younger Cadets: 2' – 1' – weighing (5 kg) – 1'.

Name of the category & No.	Protective equipment	Specific rules in each category
Older Cadets born 2010/2009 (No. 7 & 8) & Younger juniors born 2008/2007 (No. 9 &10)	Required: <ul style="list-style-type: none"> • Helmet • Breasts protector (for girls) • Gloves • Groin guard • Foot and shin protectors Optional: <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Full powered punches and kicks to the legs, to the body and to the arms are allowed; • Knock down to the legs, to the body and to the arms for 3 seconds = "Wazari"; • Knock out to the legs, to the body and to the arms for more than 3 seconds = "Ippon"; • In helmet is allowed only soft contact by Mawashi geri, Uchi haisoku geri or Kake geri and their Tobi geri variants = "Wazari" • Knock down in head is prohibited = "Shikaku";
Older juniors born 2006/2005 (No. 11 & 12) & Older adults "C" born 2002 > (No. 15 & 16)	Required: <ul style="list-style-type: none"> • Helmet • Breasts protector (for girls) • Groin guard • Foot and shin protectors Optional: <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Winner is whoever first reaches Ippon or has advantage by Wazari after the regular time or by referees decision; • <i>Duration of the fight:</i> <ul style="list-style-type: none"> - Older Cadets: 2' – 1' – weighing (5 kg) – 1'; - Younger juniors: 2' – 1'30" – weighing (5 kg) – 1'; - Older juniors: 2' – 2' – weighing (5 kg) – 1'; - Older adults: 3' – 2' – weighing (5 kg) – 2'.
Younger adults born 2004/2003 (No. 13 - 14) & Older adults "B" born 2002 > (No. 17 & 18)	Required: <ul style="list-style-type: none"> • Breasts protector (for women) • Groin guard • Foot and shin protectors Optional: <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Full powered punches and kicks to the legs, to the body and to the arms is allowed; • Full powered kicks to the head is allowed; • Knock down for 3 seconds to the legs, to the body, to the arms and to the head = "Wazari"; • Knock out to the legs, to the body, to the arms and to the head for more than 3 seconds = "Ippon";
Older adults "A" born 2002 > (No. 19 & 20)	Required: <ul style="list-style-type: none"> • Breasts protector (for women) • Groin guard Optional: <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Winner is whoever first reaches Ippon or has advantage by Wazari after the regular time or by referees decision; • <i>Duration of the fight: 3' – 2' – weighing (5 kg) – 2'.</i>

Registration fee:

- 25 Euro (Kata or Kumite) / 35 Euro (Kata and Kumite) - payment at the registration.

Registration:

- Competitors have to present a valid **Medical certificate or Budo pass** with a valid medical note and a signed **Statement of competitors** (on behalf of kids, cadets and juniors, their parents have to sign it);
- For all competitors is provided a lunch pack.

NOTE!

- *Competitors are required to attend a registration at the specified time - otherwise they will not be able to participate;*
- *For the case of more weight than allowed in the category in which competitor registered, the competitor may access re-weighing within the time for registration;*
- *After that, if competitor still has more weight than allowed, he loses the right to participate without right to return the registration fee.*

Schedule:

Friday, March 3, 2023 – Sport Hall

- 20:30 - 22:00 – Registration for the Kata & Kumite competitors.

Saturday, March 4, 2023 – Sport Hall

- 08:00 - 08:30 – Registration for the Kata competitors;
- 09:00 - 12:00 – Registration for the Kumite competitors;
- 09:00 – Match officials meeting for Kata competition;
- 09:30 – Kata competition and Kata Awards ceremony;
- 12:15 – Match officials meeting for Kumite competition;
- 13:00 – Opening ceremony and Kumite competition.

NOTE!

- *We invite all competitors, coaches and match officials to be present on the opening ceremony.*

Rewards:

- 1st place – cup;
- 1st - 3rd place – medal and certificate;
- 4th place – certificate.

NOTE!

- *On Awards ceremony only Gi and Obi is allowed.*

Match officials:

- We warmly invite all clubs and teams to delegate match officials for the tournament;
- Match officials on the tournament are referees and corner judges registered by the clubs / teams in the **Match officials application form** sent until application deadline;
- For match officials are provided lunch and gift.

Applications (deadline is Wednesday, February 22, 2023):

- On-line for competitors on <http://karate-data.com/Tournament/18th-domenica-cup/About/162> & **obligatory sending the Competitors application form by that** on vlado.sekelj@gmail.com;
- For the referees through the Match officials' application form.

NOTE!

- *Application for the competitors is on-line but **also is needed to send** the application form for making of the draw (weight for the Kumite and Kyu/Dan rank for the Kata competition);*
- ***Both application forms for the competitors and for the referees, received after the Feb. 22 will not be accepted (thank you very much for understanding!).***

Accommodation:

- Tourist Board of the city of Sveta Nedelja: <http://www.svetanedelja.hr/en/>
- Tourist Board of the city of Samobor: <https://www.samobor.hr/en/visit/>
- Zagreb County Tourist Board: <http://www.tzzz.hr/en/>

Reports from previous Domenica Cups you can see on: www.karate-kyokushinkai.hr.
Photo albums you can see on our FB page: Karate Kyokushinkai Croatia

See you in Sveta Nedelja on “18th Domenica Cup”, OSU!

Sensei Vladimir Sekelj, 4 Dan
President of Kyokushin Karate Club “Domenica” Sveta Nedelja
Branch Chief of I.K.O. Matsushima Kyokushinkaikan Croatia
President of the Croatian Kyokushinkai Association