



## **I.K.O. MATSUSHIMA EUROPE**

### **11th EUROPEAN SUMMER TRAINING CAMP ESTONIA 2019**

#### **GENERAL INFORMATION**

confirmed instructors:

- Shihan Klaus Rex (Chairman EKO, Denmark)**
- Shihan Sergey Lukyanchikov (Vice president EKO, Ukraine)**
- Shihan Mark van Wallenghem (Belgium)**
- Shihan Ulf Nolte (EC Germany)**
- Sensei Sergey Doronin (World and European champion, Ukraine)**
- Sensei Shamil Guseynov (Estonia)**

**CONTENT:** Kihon, Kata, fighting techniques of Kyokushin . Kyu & Dan examination

**DATE:** 1 August - 4 August 2019

**PLACE:** Narva Estonia

**VENUE:** Narva Sport Center , Rakvere 22 d str. 20305 Estonia



ACCOMMODATION: hotel for the event is the 3-star HOTEL INGER Puškini 28, 20306 Narva.

Budget Twin Room

Budget Triple Room



**PARTICIPANTS' FEE:** - 250 € per person / taking part in training  
- 200 € per person / not taking part in training

Price includes breakfast, lunch, dinner and video security car parking

**TERMS OF PAYMENT: 100€ deposit from each participant to be transferred into the bank account by 30.06.2019 y.**

**Bank: Swedbank AS**

**BIC/SWIFT: HABAE2X**

**IBAN: EE752200221070829168**

**I.K.O.MATSUSHIMA KYOKUSHINKAIKAN ESTONIA MTÜ**

Transfer from Tallinn airport – train station (Ülemiste jaam) , Bus station (Bussijaam)

<https://transport.tallinn.ee/#tram/map,tallinna-linn,tram,4/en>

Self-transfer: bus <https://www.tpilet.ee/en/timetable/tallinn/narva>

train <https://pilet.elron.ee/>

For Application forms, official invitations, help with visa and if you have any other questions please contact:

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